

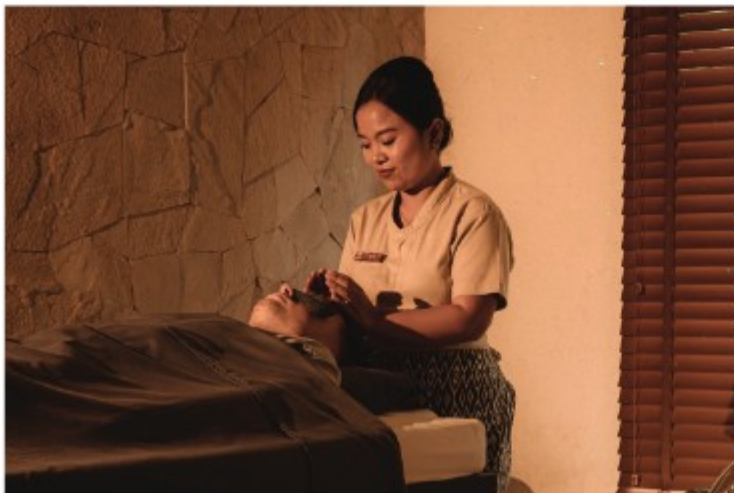
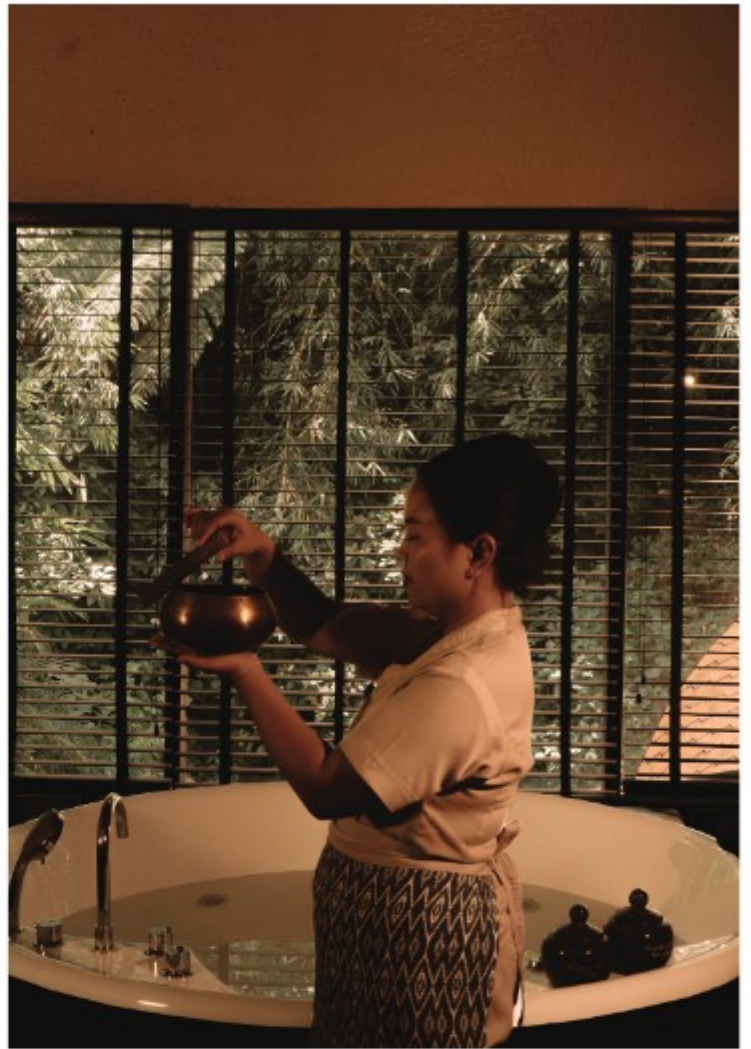


MENU



SVAHA SPA
KENDERAN

The Collection of *Wandaprasa*



THE JUNGLE AYURVEDIC PACKAGE

THE TRUE SVAHA TREATMENT

A truly unique offering from Svaha Spa. This nurturing treatment is inspired by the jungle atmosphere of our spa, designed to provide a tranquil experience for our guests. It begins with a deep tissue massage that focuses on areas of the body that are overused and stressed from repetitive or intense movements. This massage increases circulation, assistant in healing injuries, and creates a deep sense of relaxation using our special oils.

The treatment continues with a full-body exfoliation to remove dead skin cells, leaving your skin soft and radiant, preparing your body for deeper relaxation. The Shirodhara treatment, where warm oil is gently poured over the third eye, induces a state of calmness and serenity and is regarded as an anti-aging therapy.

This experience begins with a body massage focusing on the neck and shoulders to relieve tension and stress. It then progresses to a tropical body scrub and the Shirodhara treatment, followed by a luxurious soak in a marigold and rose petal bath scented with herbal oil for a deeply purifying experience.

- **Deep Tissue Massage**
- **Tropical Body Scrub**
- **Shirodhara Treatment by Puring Warm Oil on Third Eye**
- **Herb Milk Bath Combined with Marigold & Rose Flower**

Single 2.580 / Couple 4.380
180 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



BODY & SOUL MASSAGE

ORIENTAL MASSAGE

A refined treatment combining Oriental massage techniques with traditional Balinese massage and Thai yoga stretching. This therapy incorporates rhythmic pressure, deep flowing strokes, and gentle kneading to release muscle tension, improve circulation, and promote deep relaxation. Assisted Thai yoga stretching is applied to enhance flexibility, relieve joint stiffness, and restore energy balance, leaving the body relaxed, revitalized, and renewed.

Single 1.480 / Couple 1.980
90 Minutes

TRADITIONAL BALINESE MASSAGE

The Traditional Balinese massage is our signature from Bali combines body massage using palm and thumb pressure to reduce tensions and long gentle strokes while applying a unique applying a blend of natural essential oils. This combination stimulates your blood circulation, improves energy flow.

Single 980 / Couple 1.780
60 Minutes

Single 1.480 / Couple 2.280
90 Minutes

AROMATHERAPY MASSAGE

A soothing massage using warm oil infused with selected essential oil extracts. This treatment combines gentle to medium pressure techniques with the therapeutic benefits of aromatherapy to relax the body, calm the mind, and reduce stress. The warm oil helps to ease muscle tension while the natural aromas promote emotional balance, deep relaxation, and overall well-being.

Single 1.480 / Couple 1.880
60 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



BODY & SOUL MASSAGE

DEEP TISSUE MASSAGE

An indulgent therapy that targets deeper layers of muscles and connective tissue with precise, firm pressure. This treatment eases chronic tension, releases stiffness, enhances circulation, and supports muscle recovery. Perfect for those seeking profound relaxation and a rejuvenated, revitalized body.

Single 1.080 / Couple 1.880
75 Minutes

WARM STONES

A deeply relaxing treatment using smooth, heated stones placed on key points of the body and incorporated into massage movements. The warmth helps to ease muscle tension, improve blood circulation, and promote profound relaxation. This therapy encourages energy balance, relieves stress, and leaves the body feeling calm, comforted, and restored.

Single 1.780 / Couple 2.880
90 Minutes

HERBAL FUSION

A rejuvenating massage using warm herbal pouches filled with natural herbs and spices. The pouches are gently pressed and rolled over the body, releasing soothing heat and therapeutic aromas. This treatment helps to relieve muscle tension, reduce stiffness, improve circulation, and promote deep relaxation, leaving the body refreshed, balanced, and revitalized.

Single 1.580 / Couple 2.580
90 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



BODY & SOUL MASSAGE

PRENATAL MASSAGE

A gentle and nurturing massage designed for expectant mothers. Using safe techniques and supportive positioning, this treatment helps relieve muscle tension, reduce swelling, ease back pain, and promote overall relaxation and well-being during pregnancy.

1.280
90 Minutes

DIVINE FOUR HAND

A luxurious massage performed by two therapists working in perfect harmony. Uses synchronized movements to release deep tension and enhance relaxation. Creates a profoundly calming, balanced, and indulgent experience.

1.780
75 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



MINIREATREAT TREATMENT

INDIAN HEAD MASSAGE

Based on Ayurvedic techniques, this traditional Indian massage focuses on the scalp, neck, and shoulders. It stimulates blood circulation and increases mobility and flexibility, making it ideal for reducing stress and tension.

680
30 Minutes

BACK, NECK & SHOULDER

Relieves tension and stiffness in the back, neck, and shoulders caused by stress and poor posture. Improves blood circulation and helps reduce muscle pain and fatigue. Leaves the upper body feeling relaxed, refreshed, and revitalized.

680
30 Minutes

FOOT REFLEXIOLOGY

Relieves tension through pressure points on the feet connected to the body's energy pathways. Improves circulation, reduces fatigue, and promotes overall relaxation. Leaves the body feeling balanced, refreshed, and re-energized.

580
30 Minutes
880
60 Minutes

KIDS MASSAGE

Kid massage is a gentle massage specially designed for children. It uses light pressure and soft movements to help kids relax, feel comfortable, and improve circulation.

480
30 Minutes
(1 year - 12 years)
680
60 Minutes
(12 year - 17 years)

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



BODY WORK TREATMENTS

Rejuvenate yourself with one of our five signature body scrubs which allows the to be delicately polished away and emerge with a brand healthy skin by throw away the dullness of your skin and bliss out in our foot bath.

TROPICAL SEAWEED BODY SCRUB

this is Blended by rice powder and sea weed powder is good to exploited the died skin cell. Seaweed rich source of amino acids and antioxidants, Both of that can boost collagen production to smooth lines and give skin the appearance of fuller, firmer, and younger looking skin.

TROPICAL COCONUT BODY SCRUB

Coconut Body Scrub is a luxurious exfoliating body treatment using natural coconut ingredients to gently remove dead skin cells, deeply cleanse and nourish the skin, improve texture and circulation, and leave your body feeling incredibly soft, smooth, radiant, and beautifully refreshed with a delicate tropical aroma.

TROPICAL CHOCOLATE SCRUB

One can feel charming after this season. Ground almonds mixed with freshly harvested cacao beans are gently rubbed into the skin, to exfoliated died skin cell and is good to moisturize the skin.

TROPICAL FRUIT BODY SCRUB

Blended with Kaffir lime and ginger is good to remove the dead skin cells which contain vitamin C and antioxidants which are good for producing collagen to firmer, brightened the skin and can help fight signs of premature aging of the skin.

780
30 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



BODY WORK TREATMENTS

Rejuvenate yourself with one of our five signature body scrubs which allows the to be delicately polished away and emerge with a brand healthy skin by throw away the dullness of your skin and bliss out in our foot bath.

TROPICAL AVOCADO BODY WRAP

Soft and nutritious avocado content that can hydrate the skin. Contains Avocado Fruit Extract and Milk Powder, which is this mask is good to nourish the skin, preventing kin damage from sun exposure, while helping to prevent water loss in the skin and good for moisturizing the skin.

TROPICAL MUD BODY WRAP

Contains minerals such as magnesium, sodium, phosphate, bromide and other minerals which are great for nourishing and improving skin conditions. Apart from minerals, Mud Mask also contains bentonite which works to disguise pores, kaolin which absorbs excess oil on the skin and is good for moisturizing the skin.

BANANA LEAVES BODY WRAP

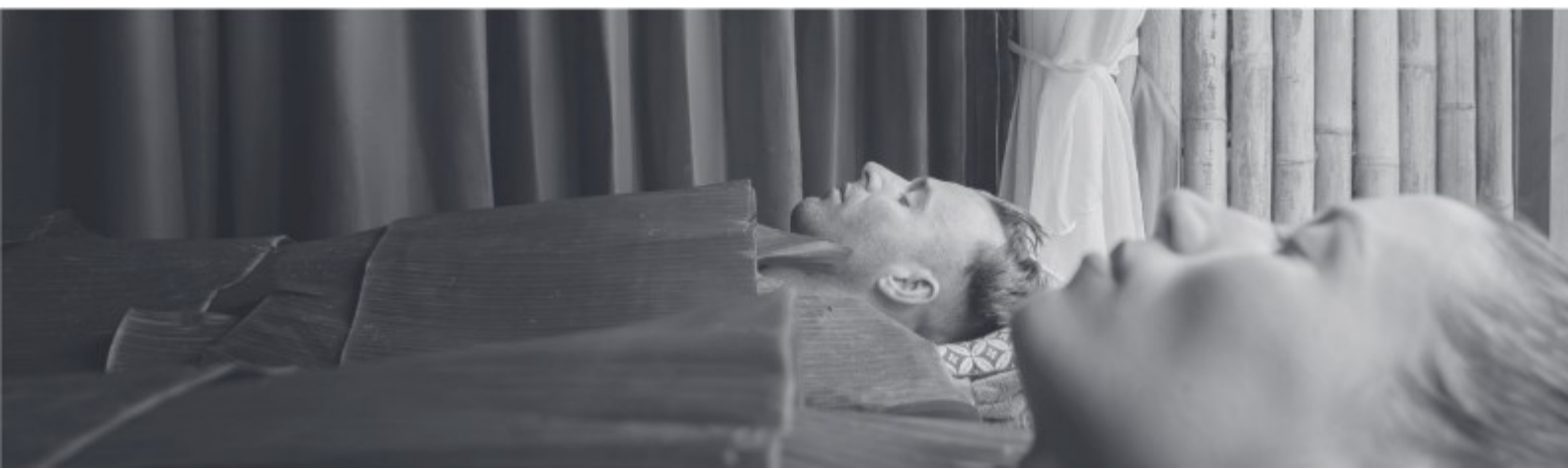
Has properties, as a traditional medicine that can be used to warm the body, improve blood circulation, reduce muscle pain, and detoxification. Combines natural ingredients with the traditional use of banana leaves to create a holistic wellness experience.

780
30 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



BEAUTY TREATMENTS

CLEOPATRA HYDRATE FACIAL

Designed to replenish moisture in the skin, this facial often involves the use of hydrating facial, serums, and moisturizers to leave the skin feeling soft and supple. Throughout the facial treatment, relaxation techniques such as aromatherapy, calming music, or ambient be used to enhance the overall experience and induce a sense of tranquility. This Sensatia skin-cares products deliver high concentrations of botanical.

- Cleansing Water
- Facial cleanser
- Facial Scrub
- Facial Hydrate
- Facial Mask
- Facial Toner
- C- Serum
- Dream cream
- Lip Protection

780
60 Minutes

ORGANIC FACIAL

Facial is one type of skin care which this treatment method is considered effective for rejuvenating facial skin and dealing with certain problems on the face, such as acne and blackheads. Well organic facial is one solution to overcome problems on the face, where the products used are natural products consisting of honey, cucumber, and tomatoes which it's good to moisturizing and nourish the skin.

- Cleanser with Yogurt and Honey
- Toner with Cucumber Water
- Scrub with Sugar and Tomato extract
- Face Massage with Coconut Oil
- Warm Herbal Compress (1 Hour treatment only)
- Face Mask Step 1 with Rice powder & Step 2 with Slice of Cucumber (1 Hour treatment only)
- Face Mask with Slice of Cucumber (30 minutes treatment only)
- Ged Roll
- Moisturizer

480
30 Minutes

880
60 Minutes

UPLIFTING FACE MASSAGE

Face massage is a natural form of anti-aging skin care in collagen production that will give you a healthy and natural glow. In this treatment, we stimulate blood circulation with specific upward movement on the face muscles, which will help to bring oxygen to that area.

480
30 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



HAND & FEET TREATMENTS

DELUXE MANICURE

Transform those nails into dainty, elegant hands! Allow our skilled beauty therapists to moisturize, buff shape and polish your nails with any and all of the colors of the rainbow or just clears. We can also do pipping-up style and flowers on your toes.

680
60 Minutes

DELUXE PEDICURE

Cool, energize and revive your feet with our Feet Beauty Treatment. Comprising of the classical pedicure treatment with nail cut, file, cuticle repair and soothing foot soak cocle Tepail ana soe of essential oils; it is then followed by an organic scrub that will relieve your tired or swollen feet. Finally, to stimulate blood circulation a foot massage is applied with a natural refreshing lotion. Your feet are hydrated, fresh and soothed.

780
60 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



HAND & FEET TREATMENTS

ELEGANT, FLAWLESS NAILS THAT LAST.

Nail Gel is a premium nail treatment designed to deliver a smooth, high-gloss finish with exceptional durability. Cured under LED light, it not only ensures instant drying and chip resistance, but also helps protect and strengthen your natural nails. With a wide selection of colours and styles, it is the perfect choice for any occasion — from everyday elegance to special celebrations.

SERVICE MENU

NAIL TIP GEL 3D SUMMER

2.580 / Pax

NAIL TIP GEL CAT EYE	1.980 / Pax	NAIL GEL FRENCH POLISH	1.080 / Pax
NAIL WITH BILDER GEL	1.780 / Pax	NAIL NATURAL GEL BABY BOOMER	1.080 / Pax
NAIL TIP GEL FRENCH POLISH	1.780 / Pax	NAIL NATURAL GEL CAT EYE	880 / Pax
NAIL TIP GEL BABY BOOMER	1.580 / Pax	NAIL GEL BASIC	780 / Pax
NAIL GEL WITH ART EMBOS	1.480 / Pax	NAIL ART 3D	180 / Finger
NAIL TIP GEL BASIC	1.080 / Pax	NAIL ART SIMPLE	148 / Finger

All of the price above are in thousand rupiah and Subject to 21% Government tax and Service charge

Reservation required, subject to availability

SVAHA SPA
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AYURVEDIC TREATMENT

KENDERAN AYURVEDIC MASSAGE

Inspired by the words of wise people in the village of Kenderan ancient times. As mentioned, all sources of disease originate from the mind. We combine a full Body massage that focuses on the muscle body which brings positive effects to the mind. Continue with a Shirodhara Head Massage Treatment By Pouring Warm Oil On Third Eye which perfects calm and relaxation of the mind. consolidate your energy to bring about relaxation and ease of action in daily life.

Single 1.780 / Couple 2.980
90 Minutes

SHIRODHARA TREATMENT

Shirodhara comes from the two Sanskrit words "Shiro" means head and "Dhara" means flow. Shirodhara treatment is inspired by Indian Tradition which is a traditional ayurvedic method of healing, that has been in use since ancient times to bring the mind, body, and soul to a harmonious level.

The step of Shirodhara treatment will start with foot ritual, continued with back massage to balance your blood circulation and followed with Shirodhara will pouring gentle warm oil on third eye is good for deep relaxation, and the end will serve with rosella tea to balance your blood sugar levels.

Single 1.480 / Couple 2.380
60 Minutes

ABYANGGA MASSAGE

A welcoming foot ritual initiates this profoundly relaxing massage. Warm oil enriched with fragrant Indian spices is then applied with long deep rhythmical strokes, stimulating the body's vital energy. The treatment concludes with a scalp and face Mar-massage, targeting pressure points.

1.480
60 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



AYURVEDIC TREATMENT

KATIVASTI

This is special Ayurvedic treatment for lower backache or sciatica of different etiology. Warm ayurvedic oil is held on affected area on lumbosacral region.

780
30 Minutes

GREEVAVASTI

Special Ayurvedic treatment for various neck complaints including cervical spondylitis, I.V.disc prolapses, arthrosis, etc.

780
30 Minutes

JANUVASTI

is another warming up therapy with herbal oil, however, this one aimed specifically at the knees and the surrounding muscular system. This treatment can relax the deep muscles in the men-tioned part and decrease pain and stiffness.

780
30 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



BUNDLING PACKAGES

ROYAL BALINESE

Royal Balinese Body Massage is a luxurious and traditional massage treatment inspired by the ancient healing practices of Bali. It combines techniques from Balinese massage, aromatherapy, and holistic wellness, using traditional Balinese oil made from selected spices, poured warm onto unhealthy muscle area combined with pressure from Balinese herbal compresses, will provide you with relaxation as well as natural healing, just as experienced by the kings of Bali.

Single 1.580 / Couple 2.680
90 Minutes

SPICY BODY REVITALIZING

A full-body massage designed to relax muscles, improve circulation, and relieve stress. Continue with a gentle body Boreh is wrapped in warm, pliable banana leaves, which help to open pores and promote the absorption of the mixture, as a traditional medicine that can be used to warm the body, improve blood circulation, reduce muscle pain, and detoxification. The herbal bath is a therapeutic bath that combines betel leaf, Himalayan bath salt, with various herbs to create a relaxing and healing experience.

Single 1.780 / Couple 2.780
120 Minutes

ROMANTIC FOREST

Celebrating the spirit of true love, this renewing treatment takes couples on a sensory journey of indulgence. The pampering begins with a foot bath to refresh walk-weary toes. A soothing body massage is then performed to release muscle tension and entice deep relaxation. Sharing a bath infused with essential oils and exotic flower petals deep relaxation. Sharing a bath brings this romantic session to a memorable close.

Single 1.780 / Couple 2.880
120 Minutes

TROPICAL FRUIT

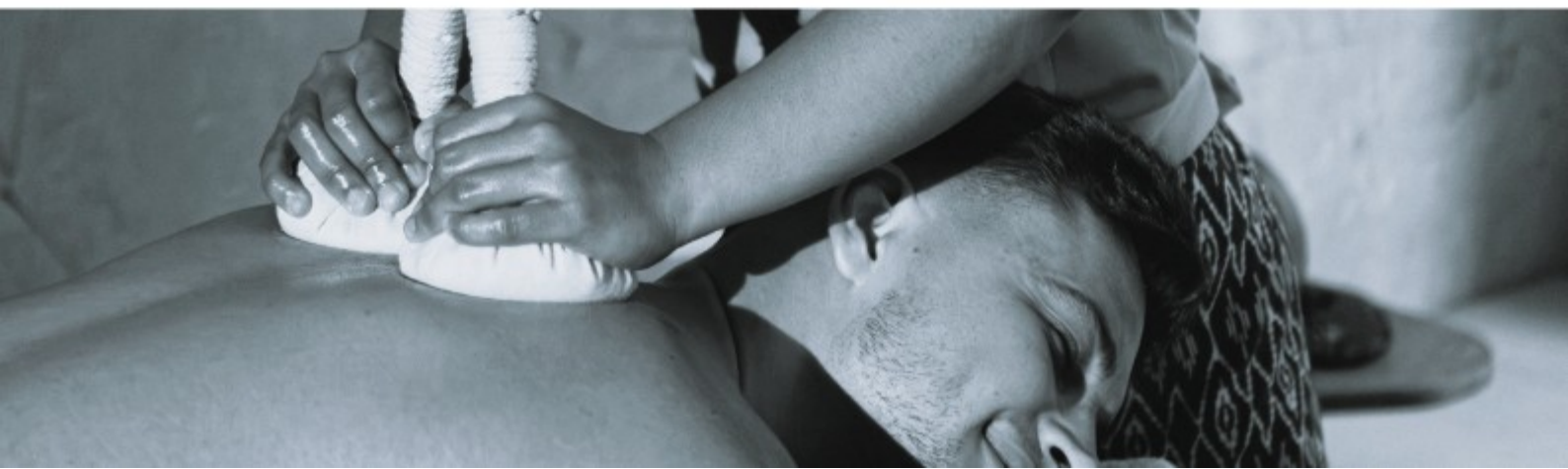
Tapping into the nourishing powers of locally grown fruits, this natural treatment has a reviving effect on all skin types. It begins with a foot ritual to cleanse travel-weary toes. This is followed by a traditional Balinese massage using long strokes and finger pressure to restore depleted energy levels, continue with a body scrub for an elevated energy levels, continue with a body scrub for an aroma-sensory experience. This session of personal pampering is finished off infused with Balinese oranges and limes bath.

Single 1.780 / Couple 2.780
120 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



BUNDLING PACKAGES

SVAHA FLORAL

Drawing inspiration from Bali's cultural traditions, this nurturing treatment is focused on personal indulgence. It begins with the placement of a floral offering and the ringing of a bell as a symbol of appreciation for the gift of each new today. A gentle foot bath is performed as a prelude to a traditional Balinese massage that uses warm oil in combination with long finger strokes and applications of pressure to melt away muscular tension. Next comes a chocolate body scrub that will leave skin feeling fresh and radiant. This uplifting spa experience closes with a Balinese floral bath to energize body, mind and spirit.

Single 1.780 / Couple 2.780
120 Minutes

HONEYMOONER

Inspired by the typical married couple, who after the marriage celebration will definitely take the time to go on a honeymoon, and this package is made so that the honeymoon is more complete besides staying at the villa, you can also pamper yourself with your partner to more relax and energize your body. Where this package is equipped with Aromatherapy Massage to stimulate blood circulation, followed with facial to refresh your face, continued with body scrub to exfoliate the dead skin cell and last treatment will enjoy with bubble rose petal milk bath to deep relaxation and during bath will enjoy with Red Wine by the glass.

3.580
2,5 Hour

HARMONIC RETREAT

This treatment inspired by honeymooner couple, the treatment not only just release the tension, relax and rejuvenating the skin but this treatment will be make more harmonic the relationship, and will completed by Romantic Candle Light Dinner with river sound that soothes the heart and mind. This treatment will include by Aromatherapy full body massage to release the muscle tension, Body Scrub with three selection of smell to exfoliate the skin cell, continued by Organic Facial with natural products good for all skin type to rejuvenating the skin and the last treatment will enjoy Bubble and Rose Petal Milk Bath with a glass of wine to deep relaxation and after treatment done will be enjoy the Romantic Candle Light Dinner to more be romantic.

6.380
150 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



SERENITY RITUAL

TAMBE JOURNEY PACKAGE

Ultimate Spa experience with 120 min combined aromatherapy massage with cleanser facial or organic scrub, and finished by flower and milk bath with young coconut drink.

- Aromatherapy Massage
- Cleanser Facial or Organic Scrub
- Flower & Milk Bath

Purify your mind and soul to eliminate and clean negative influences in your body, start calming the mind and relax the body will cleanse your soul from inside and outside the body.

1.680
120 Minutes

PURNAMA HEALING

Inspired by special day of Hinduism, which provides positive energy where there is foot ritual, body massage, facial and body work to energize and cleans whole body. The end will be serve with coconut water to neutralize the negative energy in the body.

- Foot Ritual
- Back Massage
- Organic Facial
- Body Scrub
- After Treatment serve with Coconut Drink.

1.580
120 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



SLEEP SOUND THERAPY

A night-time relaxation ritual designed to guide the body and mind into deep, restorative sleep. Performed in a dark, tranquil setting and accompanied by 7-chakra sound healing with specially tuned soothing frequencies, the therapy is enhanced with gentle head massage and calming scalp strokes, allowing the nervous system to fully relax and the body to drift naturally into sleep.

Highly recommended for those who experience difficulty sleeping or nighttime restlessness.

- Available exclusively at 8:00 PM

Single 2.280 / Couple 2.980
90 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



FLOWER BATH DECORATION



**SVAHA
SIGNATURE**



**SVAHA
BALINESE VIBE**



**SVAHA
ROMAANS**
(ASMA'AN)



**SVAHA
SHAANT**
(TENANG)



**SVAHA
SUNSHINE**



**SVAHA
VAIBHAV**
(KEMULIAAN)



**SVAHA
JAANAM**
(KEKASIH)



**SVAHA
SUNDAR**
(INDAH)



**SVAHA
DHOOP**
(SINAR SURYA)



**SVAHA
BATIK**

780
30 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN





WELLNESS MENU



SVAHA SPA
KENDERAN

DWI VAYU

FLOATING SOUND HEALING

Immerse yourself in the serene harmony of a Sunset Sound Bath, a deeply meditative experience that combines the calming sounds of crystal singing bowls, Drum, and chimes with the natural beauty of the setting sun. As the day gently transitions to night, allow the soothing vibrations to wash over you, balancing your energy and easing tension. Perfect for unwinding and reconnecting with nature, this session will leave you feeling relaxed, rejuvenated, and at peace.

- Breathing Relaxation
- Singing Bowl 7 Chakra Sound
- Body Awareness Affirmations
- Ginger Tea
- Everyday 18:30 - 19:30

1.680
60 Minutes

SOUND HEALING JOURNEY

Sound Healing Journey is a guided experience that uses sound to facilitate relaxation, meditation, and healing. This journey often involves various sound healing instruments and techniques designed to immerse participants in a landscape of therapeutic vibrations. Below is an explanation of the typical elements and what participants can expect during a Sound Healing Journey.

- Breathing Relaxation
- Singing Bowl 7 Chakra Sound
- Body Awareness Affirmations
- Ginger Tea

1.680
60 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



CATUR VAYU

HOLISTIC SOUND JOURNEY

The soothing sounds in sound healing help calm the nervous system, while the massage releases physical tension. Together, they promote both mental and physical relaxation. Continue with Jungle bath with pandan Leave, battle leave, Mary gold, rose petal, Milk Bath. This combination leaves you feeling refreshed and harmonized.

- Sound Healing
- Balinese Traditional Massage
- The Jungle Bath
- Eyellow Young Coconut Drink

3.280

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



VAYU JIWA SVAHA

Vayu Jiwa Svaha embodies the sacred flow of breath and life force an offering to release stagnant energy and invite renewal. This wellness IV therapy draws inspiration from the element of air, supporting clarity, vitality, and inner balance.

JET LAG

Reawaken your energy after travel with our Jet Lag Recovery IV Drip a revitalizing blend of hydration and nutrients that supports your body's natural rhythm and helps you feel grounded, refreshed, and ready for your next adventure.

1.980 / Pax

ENERGY BOSTER

Restore your inner balance with our Hangover Recovery IV Drip an invigorating blend of hydration and essential nutrients designed to soothe your body, calm your senses, and revive your energy. Feel renewed, refreshed, and ready to flow through your day with ease.

2.580 / Pax

IMMUNO

Recharge your body with our Vitamin Booster IV Drip, a revitalizing infusion designed to deliver a potent blend of essential vitamins and nutrients directly into your bloodstream.

1.980 / Pax

BALI BELLY

A fast-acting IV therapy designed to rehydrate, restore, and relieve digestive discomfort caused by 'Bali Belly'.

2.380 / Pax

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



REIKI

Reiki is a traditional Japanese healing method categorized as energy healing. Today, it is widely practiced and recognized around the world. Interestingly, in Bali, we have long embraced a similar holistic approach to healing known as Usadha, our indigenous form of traditional medicine. Reiki practitioners apply a technique called palm healing or hands-on healing, where it is believed that universal life energy flows through the practitioner's hands to the recipient. This gentle energy transfer aims to support both emotional balance and physical well-being.

2.180 / Person
60 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



SEVEN CHAKRA BALANCING

Chakra Healing is a comprehensive holistic treatment that combines crystal healing, pendulum diagnostics, Tibetan singing bowls, acupressure, inner energy work, and spiritual healing. This powerful session is designed to restore balance and harmony to the body, mind, and spirit.

It is especially beneficial for those experiencing both acute and chronic conditions such as fatigue, low energy (asthenia), emotional depletion, general tension, and physical discomfort. The treatment helps to refresh the entire system and promote deep energetic rejuvenation.

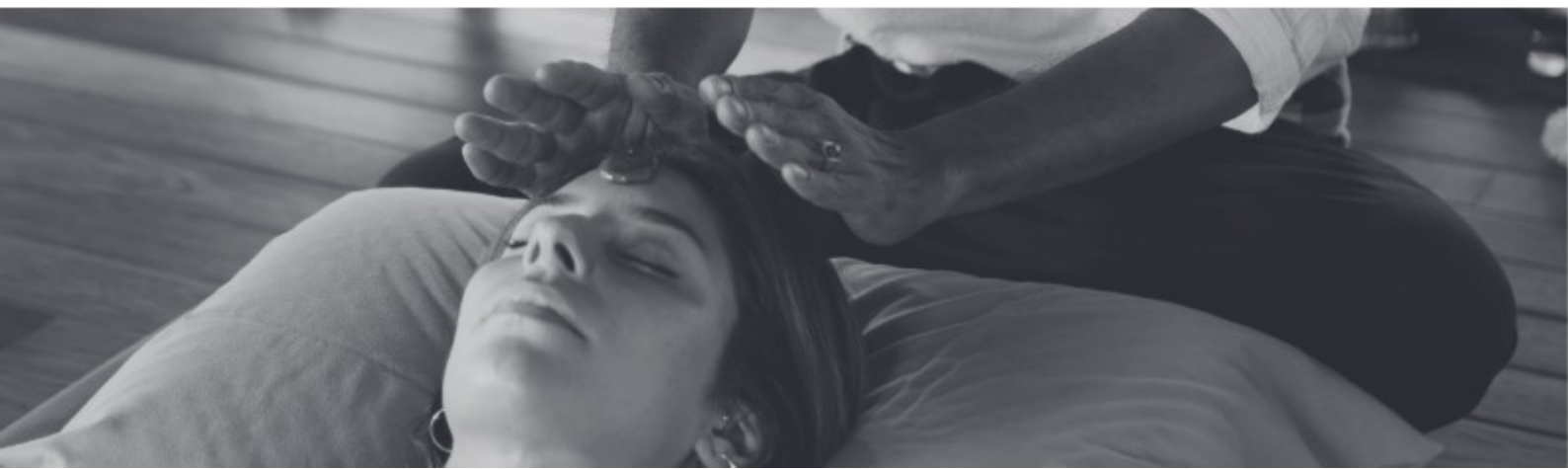
The session begins with a consultation with the healing practitioner to explore your spiritual concerns, life challenges, and overall energy condition. A chakra diagnosis is performed using a pendulum and the sound vibrations of a Tibetan bowl to assess and elevate your energy levels. The therapy continues with acupressure on key meridian points and concludes with an energy clearing ritual using prana healing or Reiki to cleanse the body and spirit of negative auras and stagnant energy.

2.780 / Person
60 Minutes

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



READINGS & RITUALS

PALM READING AND MASSAGE

Unlock the secrets held in the palm of your hand. Palm reading, also known as palmistry, is an ancient art used to gain insight into one's personality, emotional patterns, health tendencies, and life path. By analysing the shape, lines, and mounts of the hand, our experienced practitioner offers intuitive guidance and clarity.

- Palm Reading 30 Minutes
- Royal Balinese Massage 90 Minutes

1.880 / person
120 Minutes

BIRTHDAY READING AYURVEDIC

Unlock the secrets held in the palm of your hand. Palm reading, also known as palmistry, is an ancient art used to gain insight into one's personality, emotional patterns, health tendencies, and life path. By analysing the shape, lines, and mounts of the hand, our experienced practitioner offers intuitive guidance and clarity.

- Birthday Reading 30 Minutes
- Kenderan Ayurvedic Massage 90 Minutes

1.880 / person
120 Minutes

TAROT READING AROMATHERAPY

Tarot is a powerful tool for reflection and spiritual guidance. With 78 symbolic cards Major and Minor Arcana each reading offers insight into your questions, emotions, and life journey. The reader interprets the cards based on your energy and intention, helping you find clarity through the law of attraction and karma.

- Tarot Reading 30 Minutes
- Aromatherapy Massage 90 Minutes

1.880 / person
120 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



HIPNOTHERAPY

Access the power of your subconscious for deep healing and transformation. Hypnotherapy is a therapeutic technique that uses guided relaxation and focused attention to reach a heightened state of awareness-often referred to as a trance state. In this deeply relaxed condition, the subconscious mind becomes more receptive to positive suggestions, allowing you to release limiting beliefs, emotional blocks, and behavioural patterns that no longer serve you.

2.180 / Person
60 Minutes

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and Service charge

Reservation required, subject to availability

SVAHA SPA
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EMOTIONAL FREEDOM TECHNIQUE

Release emotional blockages and restore inner peace.

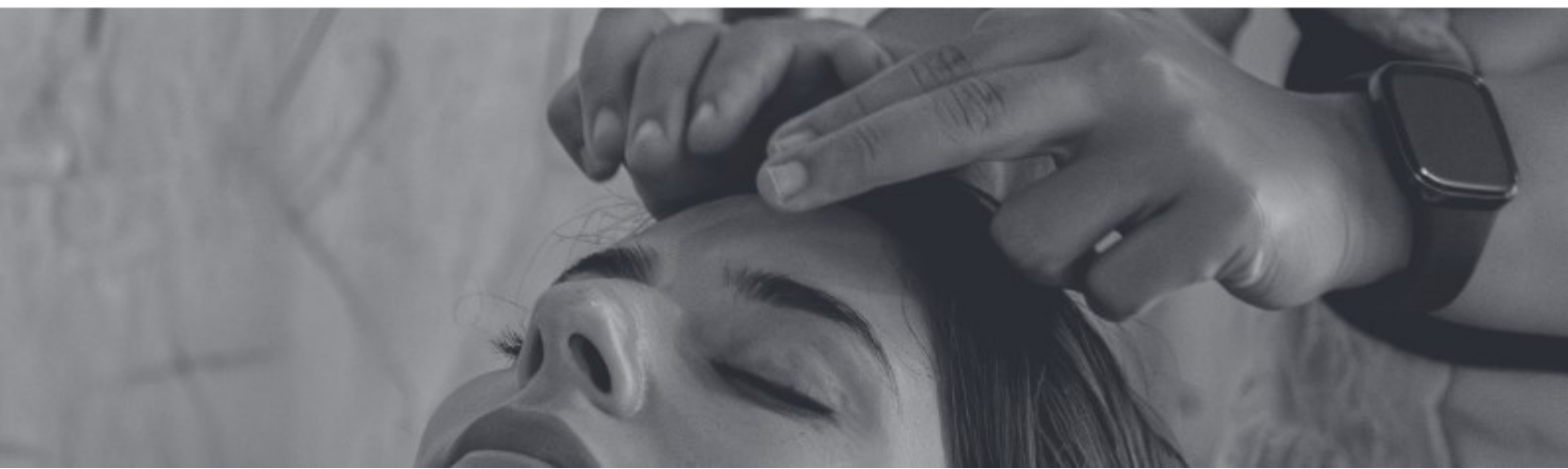
"EFT, also known as "tapping," is a gentle therapeutic method that combines acupressure with modern psychology. By tapping on specific energy points on the body while focusing on emotional distress, this technique helps to release negative emotions, reduce stress, and bring clarity and calmness to the mind. This treatment is ideal for those dealing with anxiety, unresolved emotions, limiting beliefs, or simply seeking emotional balance and clarity. Experience a profound sense of relief as emotional burdens are gently lifted, making space for healing and empowerment.

2.780 / Person
60 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



MEDITATION LOVE AND HAPPINESS

A journey of breath, focus, energy, and inner awareness.

Meditation is a powerful combination of breath control, focused concentration, and gentle energy movements that refresh the mind, awaken intuition, and open the heart to love and happiness.

If you lead a stressful lifestyle, it is essential to learn how to unwind and reset your mind. Meditation is one of the most effective ways to manage stress and bring balance into your life. Even with a busy schedule, setting aside just a few moments each day can make a significant difference. Never let a lack of time stop you from finding peace within. Our meditation sessions guide you through various traditional techniques, including:

- **Giri Bhvana** - for health and energy balance
- **Samadhi** - for enlightenment, love, peace, and happiness
- **Chakra Meditation** - to activate and balance your energy centres
- **Creative Visualization** - to manifest clarity and intention
- **Kundalini Meditation** - to awaken spiritual energy

Some practices are best learned under the guidance of a qualified teacher. Our experienced instructor will help you connect with the right technique and absorb positive thought energy into your body and spirit. Begin your meditation journey today and integrate calm, clarity, and mindfulness into your daily life.

Single 1.280 / Couple 1.780
5 Person 2.380
60 Minutes

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



SOUL BLESSING

A sacred journey of purification and renewal.

Born from the wisdom of a Balinese holy priest and holistic master, this ritual clears negative energy and restores harmony to body, mind, and spirit. Your journey begins with spiritual consultation and guided practices breathwork, meditation, and energy reading to reconnect with the light within.

It continues with prana or reiki energy healing and a sacred water purification using a blessed blend of young coconut water, sea water, lotus petals, and healing flowers. The ritual ends with a powerful initiation to awaken inner peace, raise your vibration, and fill your soul with universal love. Feel renewed, balanced, and deeply blessed.

2.780 / Person
60 Minutes

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and Service charge

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SVAHA SPA
KENDERAN



HOLISTIC WELLNESS EXPERIENCE 3 DAY JOURNEY

Rejuvenate yourself with one of our five signature body scrubs which allows the to be delicately polished away and emerge with a brand healthy skin by throw away the dullness of your skin and bliss out in our foot bath.

DAY 1 - ENERGY DISCOVERY & PHYSICAL REJUVENATION

Reawaken your energy after travel with our Jet Lag Recovery IV Drip a revitalizing blend of hydration and nutrients that supports your body's natural rhythm and helps you feel grounded, refreshed, and ready for your next adventure.

- **Palm Reading & Birthday Reading:** Gain insights into your personality, lifepath, and emotional tendencies through ancient palmistry and birth-based interpretation.
- **Seven Chakra Balancing:** Realign and activate your body's energy centers for emotional clarity and energetic flow.
- **Royal Balinese Massage:** A luxurious treatment once reserved for Balinese royalty. Warm herbal oil and compresses are used with deep, flowing strokes to ease muscle tension, boost energy flow, and promote natural healing.

DAY 2- MINDFUL MOVEMENT & SOUND HEALING

Reawaken your energy after travel with our Jet Lag Recovery IV Drip a revitalizing blend of hydration and nutrients that supports your body's natural rhythm and helps you feel grounded, refreshed, and ready for your next adventure.

- **Yoga & Happiness Meditation:** Begin your day with gentle movement and breathwork, followed by a guided meditation to cultivate joy and peace within.
- **Sound Healing:** Immerse yourself in therapeutic sound vibrations using singing bowls and sacred instruments to relax the nervous system and balance emotional energy.
- **Kenderan Ayurvedic Massage:** A serene fusion of Balinese massage and ancient Ayurvedic healing.

9.780 / Pax

DAY 3- SPIRITUAL CLEANSING & GROUNDING

Reawaken your energy after travel with our Jet Lag Recovery IV Drip a revitalizing blend of hydration and nutrients that supports your body's natural rhythm and helps you feel grounded, refreshed, and ready for your next adventure.

- **Reiki:** A Japanese energy healing technique that channels universal life force to promote deep relaxation and emotional healing.
- **Soul Blessing:** A sacred Balinese purification ritual guided by a healer, combining energy cleansing, meditation, and water blessing to uplift the spirit.
- **Feet Reflexology:** A targeted pressure-point massage to release blocked energy, improve circulation, and restore overall harmony.

All of the price above are in thousand rupiah
and Subject to 21% Government tax
and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



THE ESSENCE SVAHA ROMANTIC BATH



SVAHA SIGNATURE



SVAHA BALINESE VIBE



SVAHA ROMAANS
(ASMAHA)



SVAHA SHAANT
(TENANG)



SVAHA SUNSHINE



SVAHA VAIBHAV
(KEMULIAAN)



SVAHA JAANAM
(KEKASIH)



SVAHA SUNDAR
(INDAH)



SVAHA DHOOP
(SINAR SURYA)



SVAHA BATIK

1.980
45 Minutes
(Include Red Wine / White Wine)

ipsum

All of the price above are in thousand rupiah and Subject to 21% Government tax and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



ADDITIONAL BEVERAGE MENU

RED WINE SASABAY

380

WHITE WINE SASABAY

380

SPARKLING WINE MOSCATO

680

TROPICAL DETOX JUICE

(Cucumber, ginger, orange, lime and honey)

Tropical Detox Juice helps detoxify the body, boost metabolism, support digestion, strengthen immunity, and keep you refreshed with natural energy and hydration.

38

GINGER TEA WITH PANDAN AND CLOVES

Helps warm the body, improve digestion, relieve bloating, and promote relaxation with its soothing aroma.

48

All of the price above are in thousand rupiah
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and Service charge

Reservation required, subject to availability

SVAHA SPA
KENDERAN



SPA ETIQUETTE



Cancellation

Reservations that are canceled within four hours will be charged 50% of the displayed price. Treatment times modification are subject to our availability and confirmation of our spa host.



Arrival

Please arrive at least 15 minutes before your scheduled treatment. Late arrivals cause release spa session.



Allergies

Svaha Spa reception will inquire about any health issues or existing allergies. Before beginning any treatment, a simple patch test will be done to check that the selected product is applicable for you.



Gentlemen

If you select a facial, please shave before the treatment. Although not required, it is unquestionably beneficial.



Relaxing Mode

Please switch your phone to silent mode and reduce conversations to a bare minimum to get the most out of your treatment.



Children

Children and infants are not permitted in the spa treatment rooms unless they are also receiving a treatment.

